

# WELCOME BACK!!

## Weakley County School Nutrition Program


### Gleason

#### January 2019 Menu

Milk choice & Fruit choice offered daily

"This institution is an equal opportunity provider."



Monday	Tuesday	Wednesday	Thursday	Friday
<b>7 Granola Bar</b>	<b>8 Waffles</b>	<b>9 Chicken Slider</b>	<b>10 Banana Bread</b>	<b>11 Sausage, Egg, Cheese Slider</b>
Cheeseburger Grilled Chicken Wrap Lettuce, Tomato, Pickles, Onion Baked Beans Fries	Deli Sub Philly Steak and Cheese Sub Vegetable Soup Fresh Salad (1 c) Fries	Chicken Nuggets w/ Hot Roll Mini Corndogs Mashed Potatoes Bacon Green Beans	Sweet and Sour Chicken w/ Rice Beef Dippers w/Hot Roll Stir Fry Baby Carrots with dip Grab and Go Bar 4 <sup>th</sup> -12 <sup>th</sup> grade	Rib Sandwich Chicken Philly Steamed Broccoli Sweet Potato tots Chocolate Pudding
<b>14 Donut</b>	<b>15 Breakfast Pizza</b>	<b>16 Sausage and Biscuit</b>	<b>17 Muffin</b>	<b>18 Pillsbury Mini Cinis</b>
Dill Chicken Sandwich (comparable to Chic-Fil-A) Fish Sandwich Cheese Lettuce, Tomato, Pickles Waffle Fries Baked Beans Slaw	Pork Roast and Gravy Popcorn Chicken Macaroni and Cheese Hot Roll Glazed Carrots Green Beans	Pollo Loco Chicken with Cheese & Rice Taco Shredded Lettuce & Diced Tomato Chips/Salsa/Sour Cream Fiesta Refried Beans Sugar Cookies	Sausage or Chicken Pattie Biscuit Gravy Tater tots Tomato Slices Crisptio Bar 4 <sup>th</sup> -12 <sup>th</sup> grade	Grilled Cheese Hot Dog Chili w/ Crackers <i>(Chili can be served with both entrées)</i> Steamed Broccoli and Cheese Baked Potatoes w/toppings
<b>21 Martin Luther King, Jr. Day</b>	<b>22 Cereal bar</b>	<b>23 Chicken Slider</b>	<b>24 Yogurt &amp; Granola</b>	<b>25 Cocoa Bread</b>
NO School 	Corndog Cheese Sticks w/ Marinara Carrots w/ Ranch Pepper Fries	Bacon Cheeseburger Chicken Fajita Lettuce, Tomato, Pickles, Onion California Blend Fries Oatmeal Cookies	Quesadilla Traveling Taco Mexican Beans Spanish Rice Mexican Taco Trimmings & Salsa Grab and Go Bar 4 <sup>th</sup> -12 <sup>th</sup> grade	Lemon Pepper Chicken Fish Nuggets Hushpuppies Glazed Carrots Slaw White Beans
<b>28 Pillsbury French Toast</b>	<b>29 Cereal</b>	<b>30 Breakfast Pizza</b>	<b>31 Cinnamon Pretzel Stick</b>	<b>February 1 UBR</b>
Stuffed Crust Pizza Burrito Corn Fresh Side Salad w/ Cherry Tomato	Poppy Seed Chicken or Country Fried Steak with gravy Mexican Cornbread Black-eye Peas Cabbage Vanilla Pudding	Popcorn Chicken Meatloaf Roll Green Beans Mashed Potatoes/ Gravy	Pork Chopette w/ Hot Roll Frito Chili Pie Carrots w/dip English Peas Chicken Nugget Bar 4 <sup>th</sup> -12 <sup>th</sup> grade	Lasagna Chicken Rings Roll Sweet Potatoes Pinto Beans